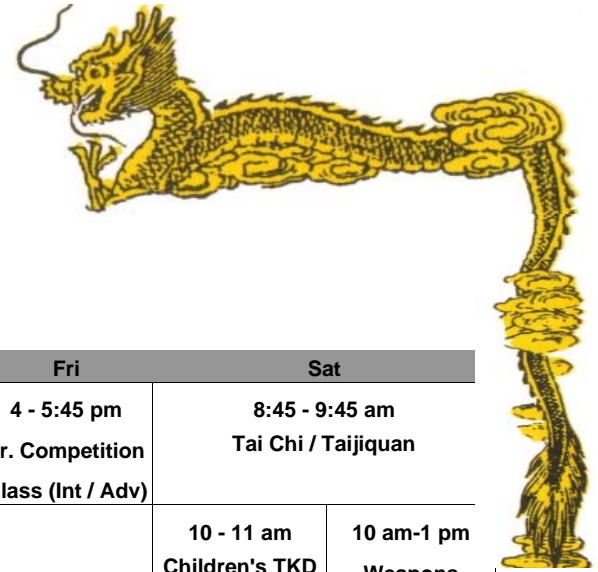


Korean Martial Arts Center

(415) 333 - 1050
www.koreanmartialarts.com



Headquarters 2009 - 2010 Schedule

PRIVATE LESSONS
 ARE AVAILABLE -
 INQUIRE WITH GRAND
 MASTER JUNG

Students are expected to :

- *Leave your ego outside of the school
- *Arrive 10 - 15 minutes prior to scheduled class
- *Keep uniforms neat, clean and odor free
- *Quietly prepare for class (Do Not disturb class in session)
- *Always show respect to your instructors and fellow students
- *Always be well mannered and behave properly and remind guests to do the same
- *Attend class on a regular and consistent basis
- *Show proper effort and good spirit in class
- *Practice and exercise at home for better results
- *Memorize and apply the student creed
- *Develop and maintain a positive, well disciplined attitude

Mon	Tue	Wed	Thu	Fri	Sat	
4 - 5:45 pm Jr. Competition Class (Int / Adv)	4 - 5 pm Children's TKD	4 - 5:45 pm Jr. Competition Class (Int / Adv)	4 - 5 pm Children's TKD	4 - 5:45 pm Jr. Competition Class (Int / Adv)	8:45 - 9:45 am Tai Chi / Taijiquan	
Children's TKD & Beginners 4:30 - 5:30 pm Studio A	5 - 6 pm Children's TKD Beg / Int Studio A	Children's TKD & Beginners 4:30 - 5:30 pm Studio A	5 - 6 pm Children's TKD Beg / Int Studio A		10 - 11 am Children's TKD Workshop Main Floor	10 am-1 pm Weapons Training Studio B
	5 - 6 pm Children's TKD Intermediate Main Floor		5 - 6 pm Children's TKD Intermediate Main Floor		11am - 12 noon Gold Medal Judo Club Main Floor	
5:45 - 7:30 pm TKD / HKD Class (all levels) Main Floor	6 - 6:45 pm TKD - Age 4 to 6 Main Floor & Studio A	5:45-7:30 pm TKD / HKD Class (all levels) Main Floor	6 - 6:45 pm TKD - Age 4 to 6 Main Floor & Studio A	5:45 - 7:30 pm TKD / HKD Class (all levels) Main Floor	12 noon - 1 pm Hapkido Workshop Main Floor	
	6 - 7:00 pm TKD Main Floor & Studio A		6 - 7:00 pm TKD Main Floor & Studio A		1 pm - 2 pm TDK Workshop Main Floor	
7:30 - 9:00 pm Weapons Training (by invitation)	7 - 9 pm Advanced TKD Competition Training	7:30 - 9:00 pm Weapons Training (by invitation)	7 - 8:30 PM Judo - Adult	7:30 - 9 pm Advanced TKD Competition Training	2 pm - 4 pm Elite Competition Training	