

Class Schedule



1414 Ocean Ave
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www.koreanmartialarts.com

Students are expected to:

- Leave your ego outside of the school.
- Arrive 10-15 minutes prior to scheduled class.
- Keep uniforms neat, clean and odor free.
- Quietly prepare for class (Do not disturb class in session).
- Always show respect to your instructors and fellow students.
- Always be well mannered, behave properly and remind guests to do the same.
- Attend class on a regular and consistent basis.
- Show proper effort and good spirit in class.
- Practice and exercise at home for better results.
- Memorize and apply the student creed.
- Develop and maintain a positive, well-disciplined attitude.

** Private Lessons are available. Please inquire with Grandmaster Jung.*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private Instruction	Private Instruction	Private Instruction	Private Instruction	Private Instruction	8:30 – 9:45am	10 - 11am
4:00 – 4:45pm Tiny Tigers 3 - 6 yr old Studio B	4:00 - 5:00pm Kids TKD Beginner 7 - 11 yr old Main Gym	4:00 – 4:45pm Tiny Tigers 3 - 6 yr old Studio B	4:00 - 5:00pm Kids TKD Beginner 7 - 11 yr old Main Gym	4:00 – 5:45pm ** RESERVED ** for DEMO TEAM / Junior Taekwondo Competition (Int / Adv) Main Gym	10:00 – 11:00am Kids TKD Workshop Main Gym	Tai Chi / Taijiquan Tai Chi / Taijiquan (Novice) Main Gym
4:45 - 5:30pm Kids TKD Beginner 7 - 11 yr old Studio B	5:00 - 6:00pm Kids TKD Beginner 7 - 11 yr old Studio B	4:45 - 5:30pm Kids TKD Beginner 7 - 11 yr old Studio B	5:00 - 6:00pm Kids TKD Beginner 7 - 11 yr old Studio B		11:00 – 12:00pm Jr. Olympic TKD (Novice) Main Gym	RESERVED for Seminars and Private Classes
4:00 – 5:45pm Junior Taekwondo Competition (Int / Adv) Main Gym	5:00 – 6:00pm Kids TKD (Intermediate) Main Gym	4:00 – 5:45pm Junior Taekwondo Competition (Int / Adv) Main Gym	5:00 – 6:00pm Kids TKD (Intermediate) Main Gym	5:45 – 7:30pm TKD & HKD (all levels) Main Gym	12pm – 1pm Tiny Tigers 3 - 6 yr old Main Gym	
5:45 – 7:30pm TKD & HKD (all levels) Main Gym	6:00 – 6:45pm Tiny Tigers 3 - 6 yr old Main Gym	5:45 – 7:30pm TKD & HKD (all levels) Main Gym	6:00 – 6:45pm Tiny Tigers 3 - 6 yr old Main Gym	Escrima (Studio B) 6:00 – 7:00pm Ages 4 – 12 yrs	1:00 – 2:00pm Taekwondo Workshop (Traditional ITF)	
Escrima (Studio B) 6:00– 6:45pm Ages 4 – 12 yrs	7:00 – 9:00pm Advanced TKD (Competition) Main Gym	Escrima (Studio B) 6:00– 6:45pm Ages 4 – 12 yrs	6:45 – 9:15pm HKD / Judo / MMA / Kenpo (Invitation Only)	7:00 – 8:00pm Ages 13 – Adult		
6:45 – 7:30pm Ages 13 – Adult		6:45 – 7:30pm Ages 13 – Adult		8:00 – 9:00pm		
7:30 – 8:30pm Zumba Main Gym		7:30 – 9:30pm		7:30 – 9:00pm	2:30 – 3:30pm Zumba Main Gym	
7:30 – 9:30pm Weapons Training (Invitation Only)		Weapons Training (Invitation Only)		Advanced TKD (Competition) Main Gym	2:00 – 4:00pm Elite Competition Training (Invitation Only)	